

REFERRAL TO LOCAL PHARMACY

NO PRESCRIPTION REQUIRED

If you have a common condition that can be treated with medication that is available from your local pharmacy.

Ask the pharmacist for help and advice on the most appropriate medication to relieve your symptoms for:

Allergies and Hayfever	Insect Bites and Stings
Athlete's Foot	Mouth Ulcers
Cold Sores	Nappy Rash
Conjunctivitis (For Adults and Children Over 2 Years Of Age)	Nasal Congestion
Constipation	Oral Thrush
Cough and Colds	Pain
Diarrhoea	Ringworm
Ear Wax	Scabies
Fever / High Temperature	Sore Throat
Haemorrhoids (Piles)	Teething
Headache	Threadworms
Head Lice	Vaginal Thrush
Heartburn and Indigestion	Verrucae
Infant Colic	Warts

If at any time you are concerned about your condition or if your symptoms are not improving after a few days of treatment with the over the counter medication you should contact the local pharmacist or the surgery for more advice.

For more information visit

www.nhs.uk/Livewell/Pharmacy/Pages/Commonconditions.aspx or

www.barnsleyccg.nhs.uk/patient-help/pharmacy-first.htm